

#### News from the Headteacher

Thank you so much to FOSPs who ended last week with another super event; a movie night. The children were treated to Paddington 2 with popcorn. Paddington is one of my favourite characters, I grew up with the books written by Michael Bond. He is such a lovable, creative bear. All of the children who came to the movies had a lovely time.

We have had quite a few visitors to our school this week (prospective families) and the children have made me very proud with how polite and smiley they are. Those who have visited have commented on how welcoming everyone is and how creative we are. There is always plenty happening around school on a daily basis. I have commented on the buzz of learning before in the school and this week has been no different. Year 3 treated me to a rap when I called in yesterday, Reception came back with forest school treasures when they went over to the paddock, Year 5 have been creating musical compositions which tell the life of Anne Boleyn. These sound amazing and I can't wait to hear them. They have split their performances in three using a variety of instruments. The first part of the music represents Anne's childhood, light and lively, the second element was more romantic as she met Henry Viii and finally her trial and beheading (dark and foreboding.) Mr Scarlett was really impressed with how professional they all were.

I have enjoyed teaching year 4 for a morning and we composed our own poems about parts of the body. I was particularly pleased with their range of vocabulary and how much they challenged themselves to include descriptive language. We also ordered decimals which can be a tricky concept once you get into the realms of tenths and hundredths but the children persevered and then moved on to explaining and reasoning through word problems. Year 2 have been creating seascapes in art as part of their Land Ahoy topic, they look truly amazing and brighten up the classroom. Meanwhile Year 1 continue their work on dinosaurs and are impressing me with how many species they can name. Year 6 are really working hard in preparation for their assessments and are revising, developing their skills and knowledge and improving their grammar on a daily basis and all with a smile.

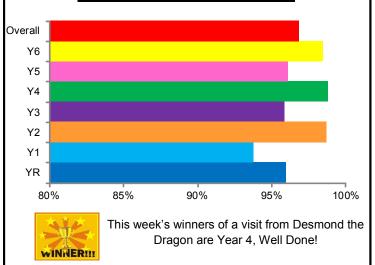
At the end of the school day if I am on duty at the gate you can now exit through our gate to the car park. This gate is only for exiting to try and reduce congestion and only to be opened by a member of staff. Please enter the normal way and walk round to the playground. The car park gate is not an entrance. Thank you.

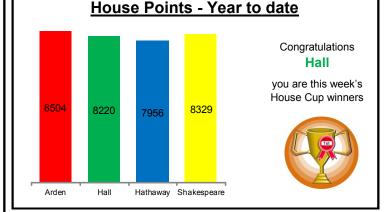
A massive thank you to Mrs Owen and Mrs Galagedera who have started tidying up our garden in preparation for our new project – 'A garden of stories.' They have also got a team of merry helpers who have been in and out all week and we want to thank you all for giving up your time to help. The teachers are beginning to plan with the children and we are looking forward to watching it flourish. Mr Hodgkins is very busy at the minute and you have probably seen at the front of the school a massive change as he landscapes the area. He is battling with roots at the minute but I am sure if anyone wants to give him a hand at any time he would appreciate it. We are going to lay the area to lawn (a bit of green) and make it a peaceful seating area with a bubble fountain and bird feeders.

'A garden is a grand teacher. It teaches patience and careful watchfulness; it teaches industry and thrift; above all it teaches entire trust.' — Gertrude Jekyll

Happy bank holiday weekend. See you on Tuesday 8th May. Mrs Humphriss - Headteacher

Weekly Attendance by Class





# Safeguarding Update: Using a child car seat or booster seat

Children must normally use a child car seat until they're 12 years old or 135 centimetres tall, whichever comes first.

Children over 12 or more than 135cm tall must wear a seat belt.



You can choose a child car seat based on your child's height or weight.

#### Mindfulness Heroes

Year 2/3 have truly embraced Mindfulness and have worked really hard to deepen their practice . They are now competent meditators and realise that no one can make them do mindfulness. They must chose to get in the zone like Master Oogway . They have explored Willpower and have chosen to do it and become better each week. Spotting the squirrels that try to hijack our attention has been fun and they have built their resilience to distraction . We have learnt that to every action there is a reaction and putting our mindfulness techniques inbetween the something happening and us reacting has a far better outcome for everyone . We have used our breathing to anchor our body and mind, remaining in the present moment and realising that this is all we really have, and to appreciate its fullness .

We have also explored that what we think in our mind sometimes has a tendency to run away with us and we looked at how to let thoughts just sometimes float past us, as if in a river rather than hold onto them and sometimes overthink.

We have looked at the amazing power of kindness. Not only to others but to ourselves. How to be a good friend to ourselves and others. We also explored how we can build our kindness and get better at it . We also practiced random acts of kindness throughout the school and noticed how happy this made us and others feel. We agreed that everybody wants to be happy and enjoy life and that no one want to feel miserable and alone.

We have completed the ice challenge and come to realise that we really are more resilient than we think . We can notice things. Allow them to be and not react straight away.

We have looked at lots of topics including being grateful, appreciating others and how to have a beginners mind and view things through fresh and inquisitive minds . Next week we shall be looking at how to become an everyday hero and parents are welcome to come to school and observe the budding superheros in class next Tuesday 1pm until 2pm Y2 or 2pm until 3pm Y3. Lesson 13 is entitled " Be an everyday Hero "

As we come to the end of our 16 week programme I can see how far the children have come in their mindfulness practice and I encourage them to keep practicing throughout their life. I have also noticed how committed Stratford Primary school and all its teaching staff are to nurturing the mental health of the young minds in their care. This will I'm sure stand the children in good stead for the future and empower them to enhance and embrace their wellbeing and in particular their mental health.

Mrs Winter Mum to Charlie & Amelie Y5

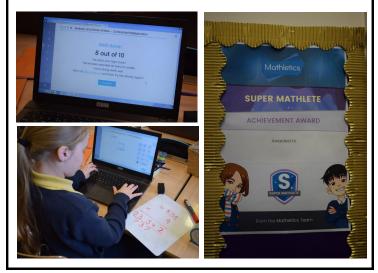


# VASA - Voluntary Action Stratford-on-Avon

VASA is a volunteer led non-profit charity based in Stratford upon Avon who offer services to help alleviate isolation and loneliness to promote independent living and well-being. Services include carer respite day services, lunch clubs, activity groups, community transport and the development of community groups in the area. They are currently desperately short of volunteer drivers, if you are able to help then please contact them on 01789 296344.

## **Mathletics**

Mathletics is a new maths programme we have purchased to develop mathematical understanding and mental maths skills.



## Staff Vacancies

We currently have a vacancy for a Midday Supervisor. If you would like to apply or find out any further information then please contact the school office.

## Fire Drill

On Tuesday morning at 9am a fire drill took place. Mrs Humphriss & Mr Hodgkins were very pleased with the calm and sensible manner in which the children evacuated the school in an impressive 1 minute 59 seconds! It is important for your child to be in school on time to ensure that they are safe in our care.



There will be tea, coffee, cold drinks and cakes

for sale in the School Hall.

Please come and join us.



If anyone can help out on the day please email FOSP **fospschool@gmail.com** or speak to one of the FOSP team in the playground. We welcome any cake donations, please bring to the school office on the day.



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